



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Schneider, Friedrich-Wilhelm

Club: LC BlueLiner Wolfenbüttel

Number: 1369

Course: 67.00 km

67 km Lauf

Category:

Senioren M65

Total time: 8:56:23

Speed: 7.49 km/h

Running performance: 8:01 min/km

Rank in course/Total: 101 (of 118)

Rank in course/Men: 84 (of 95)

Best time in course: 4:51:45

Rank in category: 3(of 5)

Best time in the category: 6:20:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:35:03	7:57	4	49:28	88	1:08:46	19.50	2:35:03	7:57	3	49:28	34	34:20
Kühude	20.50	2:39:16	7:46	3	47:23	85	1:11:26	40.00	5:14:19	7:51	3	1:36:51	34	1:09:55
Nasse Wiese	20.50	2:55:00	8:32	2	46:20	79	1:23:49	60.50	8:09:19	8:05	3	2:23:11	33	1:23:21
Finish	6.50	47:04	7:14	3	12:31	77	21:56	67.00	8:56:23	8:00	3	2:35:42	84	4:04:38