



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Langner, Susann

Club: LT Laufmasche
Number: 12

Course: 13.00 km
13 km Lauf

Category:
Seniorinnen W40

Total time: 1:29:09

Speed: 8.75 km/h
Running performance: 6:52 min/km

Rank in course/Total: 47 (of 65)

Rank in course/Women: 6 (of 16)

Best time in course: 1:16:37

Rank in category: 2(of 4)

Best time in the category: 1:27:57