



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

**Bosse, Paul**

Club: lauffreunde-hadi-wesel

Number: 1806

Course: 67.00 km

67 km Lauf

Category:

Senioren M45

Total time: 9:45:03

Speed: 6.87 km/h

Running performance: 8:44 min/km

Rank in course/Total: 109 (of 118)

Rank in course/Men: 88 (of 95)

Best time in course: 4:51:45

Rank in category: 22(of 24)

Best time in the category: 5:13:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:43:19	8:22	23	1:13:35	93	1:17:02	19.50	2:43:19	8:22	3	46:49	30	42:36
Kühude	20.50	2:52:36	8:25	22	1:21:40	89	1:24:46	40.00	5:35:55	8:23	3	1:39:21	30	1:31:31
Nasse Wiese	20.50	3:18:17	9:40	22	1:40:13	88	1:47:06	60.50	8:54:12	8:49	3	2:28:17	29	2:08:14
Finish	6.50	50:51	7:49	22	24:10	85	25:43	67.00	9:45:03	8:43	22	4:31:24	88	4:53:18