



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

Ott, Cordula

Club: RLT Rodgau

Number: 1788

Course: 67.00 km

67 km Lauf

Category:

Seniorinnen W50

Total time: 9:55:49

Speed: 6.75 km/h

Running performance: 8:53 min/km

Rank in course/Total: 111 (of 118)

Rank in course/Women: 22 (of 23)

Best time in course: 5:47:05

Rank in category: 4(of 4)

Best time in the category: 8:11:32

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Nasse Wiese	19.50	2:36:38	8:01	4	13:11	20	51:58	19.50	2:36:38	8:01	4	13:10	3	13:12
Kühude	20.50	2:59:48	8:46	4	34:30	22	1:14:06	40.00	5:36:26	8:24	4	47:36	3	47:39
Nasse Wiese	20.50	3:28:29	10:10	4	45:15	22	1:40:11	60.50	9:04:55	9:00	4	1:32:48	3	1:32:54
Finish	6.50	50:54	7:49	4	11:29	21	22:29	67.00	9:55:49	8:53	4	1:44:17	22	4:08:44