



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Gördes, Thomas

Club: TSV 1863 Herdecke
Number: 42

Course: 13.00 km
13 km Lauf

Category:
Senioren M50

Total time: 1:29:53

Speed: 8.68 km/h
Running performance: 6:55 min/km

Rank in course/Total: 49 (of 65)

Rank in course/Men: 42 (of 49)

Best time in course: 58:52

Rank in category: 14(of 14)

Best time in the category: 1:04:58