



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Grundmann, Sigrid

Club: LT Laufmasche

Number: 48

Course: 13.00 km

13 km Lauf

Category:

Seniorinnen W45

Total time: 1:30:28

Speed: 8.62 km/h

Running performance: 6:58 min/km

Rank in course/Total: 51 (of 65)

Rank in course/Women: 8 (of 16)

Best time in course: 1:16:37

Rank in category: 1(of 4)

Best time in the category: 1:30:28