



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Gördes, Pablo

Club: TSV Herdecke 1863

Number: 43

Course: 13.00 km

13 km Lauf

Category:

Männer

Total time: 1:31:05

Speed: 8.56 km/h

Running performance: 7:01 min/km

Rank in course/Total: 52 (of 65)

Rank in course/Men: 44 (of 49)

Best time in course: 58:52

Rank in category: 4(of 5)

Best time in the category: 1:00:03