



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Kaufmann, Ursula

Club: TV Attendorf
Number: 1857

Course: 101.00 km
101 km Lauf

Category:
Seniorinnen W45

Total time: 12:31:38

Speed: 8.06 km/h
Running performance: 7:26 min/km

Rank in course/Total: 25 (of 45)

Rank in course/Women: 1 (of 1)

Best time in course: 12:31:38

Rank in category: 1(of 1)

Best time in the category: 12:31:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:13:40	6:51	1	-	1	-	19.50	2:13:40	6:51	1	-	1	-
Kühude	20.50	2:19:51	6:49	1	-	1	-	40.00	4:33:31	6:50	1	-	1	-
Rhein-Weser-Tur	17.00	2:08:58	7:35	1	-	1	-	57.00	6:42:29	7:03	1	-	1	-
Kühude	17.00	2:16:53	8:03	1	-	1	-	74.00	8:59:22	7:17	1	-	1	-
Nasse Wiese	20.50	2:54:24	8:30	1	-	1	-	94.50	11:53:46	7:33	1	-	1	-
Finish	6.50	37:52	5:49	1	-	1	-	101.00	12:31:38	7:26	1	-	1	-