



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Linn, Ruth

Club: Bad Fredeburg

Number: 23

Course: 13.00 km

13 km Lauf

Category:

Seniorinnen W40

Total time: 1:36:10

Speed: 8.11 km/h

Running performance: 7:24 min/km

Rank in course/Total: 57 (of 65)

Rank in course/Women: 11 (of 16)

Best time in course: 1:16:37

Rank in category: 3(of 4)

Best time in the category: 1:27:57