



Bödefelder Hollenlauf/ -Marsch  
Bödefeld / 19.05.2012

## Detailed evaluation

**Degener, Fred**

Club: TCT Tennisland Rheda-Wiedenbrück  
Number: 52

Course: 13.00 km  
13 km Lauf

Category:  
Männer

Total time: 1:38:42

Speed: 7.90 km/h  
Running performance: 7:35 min/km

Rank in course/Total: 59 (of 65)

Rank in course/Men: 47 (of 49)

Best time in course: 58:52

Rank in category: 5(of 5)

Best time in the category: 1:00:03