



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Hardebusch, Daniel

Club: Lennestadt

Number: 9

Course: 13.00 km

13 km Lauf

Category:

Senioren M30

Total time: 1:45:50

Speed: 7.37 km/h

Running performance: 8:08 min/km

Rank in course/Total: 62 (of 65)

Rank in course/Men: 48 (of 49)

Best time in course: 58:52

Rank in category: 3(of 3)

Best time in the category: 1:10:53