



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Adam, Nikolaos

Club: IGL-Reutlingen

Number: 1301

Enduro Short U15 & 4Fun

Category:

Senioren M55

Total time: 6:04:46

Speed: - km/h

Running performance: 5:26 min/km

Rank in course/Total: 22 (of 118)

Rank in course/Men: 21 (of 95)

Best time in course: 4:51:45

Rank in category: 3(of 10)

Best time in the category: 5:53:40

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Nasse Wiese | 19.50 | 1:47:17 | 5:30 | 4 | 3:34 | 26 | 21:00 | 19.50 | 1:47:17 | 5:30 | 3 | 3:34 | 51 | |
| Kühude | 20.50 | 1:48:03 | 5:16 | 3 | 2:38 | 20 | 20:13 | 40.00 | 3:35:20 | 5:23 | 3 | 5:58 | 51 | |
| Nasse Wiese | 20.50 | 2:00:30 | 5:52 | 3 | 6:32 | 23 | 2:00:30 | 60.50 | 5:35:50 | 5:33 | 3 | 12:30 | 50 | |
| Finish | 6.50 | 28:56 | 4:27 | 2 | 0:03 | 10 | 3:48 | - | 6:04:46 | - | 3 | 11:06 | 21 | 1:13:01 |