



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Cherek, Uwe

Club: TH Eilbeck

Number: 1308

Course: 67.00 km

67 km DUV-DM

Category:

Senioren M40

Total time: 6:59:28

Speed: 9.58 km/h

Running performance: 6:16 min/km

Rank in course/Total: 53 (of 118)

Rank in course/Men: 47 (of 95)

Best time in course: 4:51:45

Rank in category: 9(of 20)

Best time in the category: 4:58:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	1:44:57	5:22	5	17:24	20	18:40	19.50	1:44:57	5:22	12			24	
Kühude	20.50	1:54:03	5:33	8	26:13	35	26:13	40.00	3:39:00	5:28	12			24	
Nasse Wiese	20.50	2:34:19	7:31	13	57:34	62	2:34:19	60.50	6:13:19	6:10	12			36	
Finish	6.50	46:09	7:05	16	20:06	76	21:01	67.00	6:59:28	6:15	9	2:01:17		47	2:07:43