



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Routaboul de Brüchert-Pastor, Laura Total time: 7:18:56

Club: PV Triathlon Witten

Speed: 9.16 km/h

Number: 1364

Running performance: 6:33 min/km

Course: 67.00 km

Rank in course/Total: 63 (of 118)

67 km DUV-DM

Rank in course/Women: 10 (of 23)

Best time in course: 5:47:05

Category:

Rank in category: 3(of 4)

Seniorinnen W35

Best time in the category: 5:47:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women
								km	Time	min/km	Pos	Behind	Pos				
Nasse Wiese	19.50	2:17:20	7:02	3	32:40	11	32:40	19.50	2:17:20	7:02	3	32:40	15				
Kühude	20.50	2:07:55	6:14	2	22:13	8	22:13	40.00	4:25:15	6:37	3	54:53	15				
Nasse Wiese	20.50	2:18:14	6:44	2	29:56	8	29:56	60.50	6:43:29	6:40	3	1:24:49	15				
Finish	6.50	35:27	5:27	3	7:02	9	7:02	67.00	7:18:56	6:33	3	1:31:51	10	1:31:51			