



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

**Schneider, Marco**

Club: LuT Aschaffenburg

Number: 1370

Course: 67.00 km

67 km DUV-DM

Category:

Senioren M40

Total time: 5:15:15

Speed: 12.75 km/h

Running performance: 4:43 min/km

Rank in course/Total: 7 (of 118)

Rank in course/Men: 7 (of 95)

Best time in course: 4:51:45

Rank in category: 2(of 20)

Best time in the category: 4:58:11

### Intermediate times

### Stage score

### Total ranking

| Control     | Split | Split   | Split  | Pos  | Behind | Pos | Behind  | Total | Total   | Total | Pos | Behind | Pos | Behind |      |
|-------------|-------|---------|--------|------|--------|-----|---------|-------|---------|-------|-----|--------|-----|--------|------|
|             | km    | Time    | min/km | Cat. | Cat.   | Men | Men     |       |         |       | km  | Time   |     | min/km | Cat. |
| Nasse Wiese | 19.50 | 1:28:34 | 4:32   | 2    | 1:01   | 5   | 2:17    | 19.50 | 1:28:34 | 4:32  | 19  |        |     | 65     |      |
| Kühude      | 20.50 | 1:32:04 | 4:29   | 2    | 4:14   | 7   | 4:14    | 40.00 | 3:00:38 | 4:30  | 19  |        |     | 65     |      |
| Nasse Wiese | 20.50 | 1:46:05 | 5:10   | 2    | 9:20   | 8   | 1:46:05 | 60.50 | 4:46:43 | 4:44  | 19  |        |     | 64     |      |
| Finish      | 6.50  | 28:32   | 4:23   | 2    | 2:29   | 7   | 3:24    | 67.00 | 5:15:15 | 4:42  | 2   | 17:04  | 7   | 23:30  |      |