



30. AVENIDA-Stauseelauf
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Amonat, Steffen

Club: Vieselbach
Number: 1765

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:05:40

Speed: 12.79 km/h
Running performance: 4:41 min/km

Rank in course/Total: 42 (of 205)

Rank in course/Men: 39 (of 154)

Best time in course: 51:27

Rank in category: 8(of 27)

Best time in the category: 58:04