



30. AVENIDA-Stauseelauf
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Gräfe, Michael

Club: SG Tonna
Number: 1653

Course: 14.00 km
Hauptlauf

Category:
Männer M30

Total time: 1:07:25

Speed: 12.46 km/h
Running performance: 4:49 min/km

Rank in course/Total: 53 (of 205)

Rank in course/Men: 50 (of 154)

Best time in course: 51:27

Rank in category: 5(of 13)

Best time in the category: 54:19