



30. AVENIDA-Stauseelauf
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Elsner, Michael

Club: LG Apolda
Number: 1516

Course: 14.00 km
Hauptlauf

Category:
Männer M40

Total time: 1:08:46

Speed: 12.22 km/h
Running performance: 4:55 min/km

Rank in course/Total: 60 (of 205)

Rank in course/Men: 56 (of 154)

Best time in course: 51:27

Rank in category: 16(of 30)

Best time in the category: 57:13