



30. AVENIDA-Stauseelauf
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Henkel, Andre

Club: LAV Saale-Rennsteig
Number: 1544

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:09:59

Speed: 12.00 km/h
Running performance: 5:00 min/km

Rank in course/Total: 68 (of 205)

Rank in course/Men: 63 (of 154)

Best time in course: 51:27

Rank in category: 12(of 27)

Best time in the category: 58:04