



30. AVENIDA-Stauseelauf
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Schirwinski, Frank

Club: LTV Erfurt
Number: 1707

Course: 14.00 km
Hauptlauf

Category:
Männer M50

Total time: 1:09:56

Speed: 12.01 km/h
Running performance: 5:00 min/km

Rank in course/Total: 67 (of 205)

Rank in course/Men: 62 (of 154)

Best time in course: 51:27

Rank in category: 9(of 23)

Best time in the category: 59:12