



30. AVENIDA-Stauseelauf  
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Denke, Lutz

Club: Erfurt  
Number: 1514

Course: 14.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 1:12:19

Speed: 11.62 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 82 (of 205)

Rank in course/Men: 73 (of 154)

Best time in course: 51:27

Rank in category: 10(of 23)

Best time in the category: 59:12