



30. AVENIDA-Stauseelauf
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Zugwurst, Thomas

Club: SV Thomas 33

Number: 1624

Course: 14.00 km

Hauptlauf

Category:

Männer M30

Total time: 1:14:39

Speed: 11.25 km/h

Running performance: 5:20 min/km

Rank in course/Total: 96 (of 205)

Rank in course/Men: 84 (of 154)

Best time in course: 51:27

Rank in category: 9(of 13)

Best time in the category: 54:19