



30. AVENIDA-Stauseelauf  
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Lege, Tobias

Club: sc impuls Erfurt  
Number: 1572

Course: 14.00 km  
Hauptlauf

Category:  
Männer M30

Total time: 1:18:05

Speed: 10.76 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 118 (of 205)

Rank in course/Men: 102 (of 154)

Best time in course: 51:27

Rank in category: 12(of 13)

Best time in the category: 54:19