



30. AVENIDA-Stauseelauf  
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

**Berner, Roland**

Club: LG Bad Frankenhausen  
Number: 1686

Course: 14.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 1:19:11

Speed: 10.61 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 129 (of 205)

Rank in course/Men: 109 (of 154)

Best time in course: 51:27

Rank in category: 17(of 23)

Best time in the category: 59:12