



30. AVENIDA-Stauseelauf  
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Zelle, Monique

Club: Dream Team Ilmenau  
Number: 1701

Course: 14.00 km  
Hauptlauf

Category:  
Frauen W40

Total time: 1:19:17

Speed: 10.59 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 131 (of 205)

Rank in course/Women: 21 (of 51)

Best time in course: 1:04:24

Rank in category: 4(of 10)

Best time in the category: 1:04:24