



30. AVENIDA-Stauseelauf  
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

**Bomberg, Dirk**

Club: Sc impuls erfurt  
Number: 1655

Course: 14.00 km  
Hauptlauf

Category:  
Männer M55

Total time: 1:19:42

Speed: 10.54 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 134 (of 205)

Rank in course/Men: 112 (of 154)

Best time in course: 51:27

Rank in category: 4(of 6)

Best time in the category: 58:33