



30. AVENIDA-Stauseelauf  
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Rothkegel, Ilona

Club: Erfurt  
Number: 1736

Course: 14.00 km  
Hauptlauf

Category:  
Frauen W65

Total time: 1:19:43

Speed: 10.54 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 135 (of 205)

Rank in course/Women: 23 (of 51)

Best time in course: 1:04:24

Rank in category: 1(of 1)

Best time in the category: 1:19:43