



30. AVENIDA-Stauseelauf  
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Lauterbach, Ulrich

Club: Erfurt  
Number: 1571

Course: 14.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 1:20:23

Speed: 10.45 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 138 (of 205)

Rank in course/Men: 114 (of 154)

Best time in course: 51:27

Rank in category: 18(of 23)

Best time in the category: 59:12