



30. AVENIDA-Stauseelauf
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Henkel, Uwe

Club: SV Thuringia Königsee
Number: 1543

Course: 14.00 km
Hauptlauf

Category:
Männer M60

Total time: 1:22:34

Speed: 10.17 km/h
Running performance: 5:54 min/km

Rank in course/Total: 153 (of 205)

Rank in course/Men: 127 (of 154)

Best time in course: 51:27

Rank in category: 9(of 13)

Best time in the category: 1:03:15