



30. AVENIDA-Stauseelauf  
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Lukas, Annette

Club: Neudietendorf  
Number: 1578

Course: 14.00 km  
Hauptlauf

Category:  
Frauen W45

Total time: 1:22:46

Speed: 10.15 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 156 (of 205)

Rank in course/Women: 28 (of 51)

Best time in course: 1:04:24

Rank in category: 8(of 12)

Best time in the category: 1:04:42