



30. AVENIDA-Stauseelauf  
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Lesser, Holger

Club: Gotha  
Number: 1696

Course: 14.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 1:28:22

Speed: 9.51 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 174 (of 205)

Rank in course/Men: 139 (of 154)

Best time in course: 51:27

Rank in category: 20(of 23)

Best time in the category: 59:12