



30. AVENIDA-Stauseelauf
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Thondorf, Frank

Club: SV Thuringia Königsee
Number: 1661

Course: 14.00 km
Hauptlauf

Category:
Männer M50

Total time: 1:28:53

Speed: 9.45 km/h
Running performance: 6:21 min/km

Rank in course/Total: 176 (of 205)

Rank in course/Men: 140 (of 154)

Best time in course: 51:27

Rank in category: 21(of 23)

Best time in the category: 59:12