



30. AVENIDA-Stauseelauf  
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Armenat, Martin

Club: Thüros Georgenthal  
Number: 1501

Course: 14.00 km  
Hauptlauf

Category:  
Männer M30

Total time: 58:12

Speed: 14.43 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 8 (of 205)

Rank in course/Men: 8 (of 154)

Best time in course: 51:27

Rank in category: 2(of 13)

Best time in the category: 54:19