



30. AVENIDA-Stauseelauf
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Beyer, Steffen

Club: VfL 28 Ellrich
Number: 1509

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:03:30

Speed: 13.23 km/h
Running performance: 4:32 min/km

Rank in course/Total: 29 (of 205)

Rank in course/Men: 29 (of 154)

Best time in course: 51:27

Rank in category: 7(of 27)

Best time in the category: 58:04