



30. AVENIDA-Stauseelauf
Freizeitpark Hohenfelden / 20.05.2012

Detailed evaluation

Backes, Mike

Club: Erfurt
Number: 1725

Course: 14.00 km
Hauptlauf

Category:
Männer M40

Total time: 1:03:32

Speed: 13.22 km/h
Running performance: 4:32 min/km

Rank in course/Total: 30 (of 205)

Rank in course/Men: 30 (of 154)

Best time in course: 51:27

Rank in category: 8(of 30)

Best time in the category: 57:13