



7. Walking Day am Möhnesee  
Möhnesee-Körbecke / 02.06.2012

Detailed evaluation

Ruschel, Elke

Club: DJK Adler 07 Lauftreff  
Number: 12157

Course: 12.00 km

PostAG-Gruttmann-Lauf (Walking)

Total time: 1:37:07

Speed: 7.41 km/h

metres in height up: 218

Course score: 15.27

performance score: 113 Points