



7. Walking Day am Möhnesee Möhnesee-Körbecke / 02.06.2012

Detailed evaluation

Gommen, Bernd

Club: Nordic Walking Hobbygruppe Ahlen
Number: 5165

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 37:25

Speed: 8.02 km/h

metres in height up: 42

Course score: 5.63

performance score: 45 Points