



7. Walking Day am Möhnesee  
Möhnesee-Körbecke / 02.06.2012

Detailed evaluation

Lapornik, Norman

Club: BSG DSW21/DEW21

Number: 12254

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:36:20

Speed: 7.47 km/h

metres in height up: 218

Course score: 15.27

performance score: 114 Points