



7. Walking Day am Möhnesee
Möhnesee-Körbecke / 02.06.2012

Detailed evaluation

Nienaber, Clemens

Club: Nordic Walking Hobbygruppe Ahlen
Number: 5177

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 38:20

Speed: 7.83 km/h

metres in height up: 42

Course score: 5.63

performance score: 44 Points