



7. Walking Day am Möhnesee  
Möhnesee-Körbecke / 02.06.2012

Detailed evaluation

**Seifert, Annett**

Club: LTV Hirschberg  
Number: 12256

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:45:27

Speed: 6.83 km/h

metres in height up: 218

Course score: 15.27

performance score: 104 Points