



7. Walking Day am Möhnesee
Möhnesee-Körbecke / 02.06.2012

Detailed evaluation

Kose, Ruediger

Club: Skiclub Schwerte

Number: 18259

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 1:59:05

Speed: 8.06 km/h

metres in height up: 262

Course score: 19.93

performance score: 172 Points