



7. Walking Day am Möhnesee
Möhnesee-Körbecke / 02.06.2012

Detailed evaluation

Ahlemeier, Karl Heinz

Club: BSG Sparkasse Bochum
Number: 12290

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:49:40

Speed: 6.57 km/h

metres in height up: 218

Course score: 15.27

performance score: 100 Points