



7. Walking Day am Möhnesee  
Möhnesee-Körbecke / 02.06.2012

Detailed evaluation

Ruhrmann, Ingrid

Club: TV-Mengede 1890 e.V.

Number: 12329

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:56:59

Speed: 6.15 km/h

metres in height up: 218

Course score: 15.27

performance score: 94 Points