



7. Walking Day am Möhnesee
Möhnesee-Körbecke / 02.06.2012

Detailed evaluation

Seiffert, Bernd

Club: Walkingtreff Soest
Number: 18294

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:07:37

Speed: 7.52 km/h

metres in height up: 262

Course score: 19.93

performance score: 160 Points