



## 7. Walking Day am Möhnesee Möhnesee-Körbecke / 02.06.2012

### Detailed evaluation

#### Nachtigall, Heike

Club: Stadt Bochum Walking-Team

Number: 5170

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 45:00

Speed: 6.67 km/h

metres in height up: 42

Course score: 5.63

performance score: 38 Points