



7. Walking Day am Möhnesee
Möhnesee-Körbecke / 02.06.2012

Detailed evaluation

Ahlemeier, Elisabeth

Club: BSG Sparkasse Bochum

Number: 5178

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 53:50

Speed: 5.57 km/h

metres in height up: 42

Course score: 5.63

performance score: 31 Points