



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Kurrat, Jürgen

Club: Mannheim
Number: 467

Course: 6.00 km
6 km Run

Category:
Senioren M50 (50-54 Jahre)

Total time: 28:47

Speed: 12.51 km/h
Running performance: 4:48 min/km

Rank in course/Total: 31 (of 175)

Rank in course/Men: 24 (of 80)

Best time in course: 21:38

Rank in category: 3(of 12)

Best time in the category: 23:55