



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Kirchhöfer, Matthias

Club: Mannheim  
Number: 606

Course: 6.00 km  
6 km Run

Category:  
Senioren M35 (35-39 Jahre)

Total time: 28:49

Speed: 12.49 km/h  
Running performance: 4:48 min/km

Rank in course/Total: 32 (of 175)

Rank in course/Men: 25 (of 80)

Best time in course: 21:38

Rank in category: 1(of 3)

Best time in the category: 28:49