



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Ulmrich, Steffen

Club: Mannheim
Number: 411

Course: 6.00 km
6 km Run

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 28:51

Speed: 12.48 km/h
Running performance: 4:49 min/km

Rank in course/Total: 35 (of 175)

Rank in course/Men: 28 (of 80)

Best time in course: 21:38

Rank in category: 6(of 10)

Best time in the category: 27:19