



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Ehrenberger, Reinhard

Club: Angelbachtal
Number: 473

Course: 6.00 km
6 km Run

Category:
Senioren M55 (55-59 Jahre)

Total time: 29:28

Speed: 12.22 km/h
Running performance: 4:55 min/km

Rank in course/Total: 36 (of 175)

Rank in course/Men: 29 (of 80)

Best time in course: 21:38

Rank in category: 4(of 7)

Best time in the category: 22:51